## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	s)												
1. Name and Address of Reporting Person* Krueger Laurel			2. Issuer Name and Ticker or Trading Symbol Kontoor Brands, Inc. [KTB]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director  X Officer (give title below) Other (specify below)  EVP, Gen Counsel & Corp. Sec.						
(Last) (First) (Middle) 400 N. ELM STREET			3. Date of Earliest Transaction (Month/Day/Year) 08/13/2020											
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
GREENS	SBORO, N	C 27401									ed by Wore man	One Reporting	CISOII	
(City	<i>(</i> )	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
(Instr. 3)		1	2. Transaction Date (Month/Day/Year)		(Instr. 8)	4. Securities Acquire (A) or Disposed of ( (Instr. 3, 4 and 5)		of (D)	Beneficially Owned Following Reported Transaction(s)  Ownership of Ir Form:  Beneficially Owned Following Ownership of Ir		Beneficial			
				(Month/Day/Year	Code	V	Amount	(A) or (D)	Price	(Instr. 3 a	nd 4)		\ /	Ownership (Instr. 4)
		08/13/2020		F	Ģ	948 D		\$ 21.71	29,477	.932		D		
												pond unle		1474 (9-02)
				Derivative Securiti		the fo	orm dis sposed o	plays a f, or Bei	curre neficia	ently valid	OMB conf	spond unle rol numbe		(* *2)

#### **Reporting Owners**

D C O N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Krueger Laurel 400 N. ELM STREET GREENSBORO, NC 27401			EVP, Gen Counsel & Corp. Sec.				

### **Signatures**

/s/ Laurel Krueger	08/17/2020
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.