FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Response	es)											
1. Name and Address of Goldsmith Ashley	f Reporting Person [*]		2. Issuer Name and Ticker or Trading Symbol Kontoor Brands, Inc. [KTB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner			
400 N. ELM STRE	(First) EET		B. Date of Earliest Transaction (Month/Day/Year) Officer (give title below) Other (s) 07/01/2022						ner (specify belo	w)		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
GREENSBORO, N	NC 27401											
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if any	Code (Instr. 8)				f (D)	Transaction(s)		Beneficial	
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title	of 2.														
Derivat		Transaction	3A. Deemed	4.		5. Number o	f	6. Date Exer	cisable	7. Title and	Amount of	8. Price of	9. Number of	10.	11. Nature
Derrya	ve Conversion	Date	Execution Date, if	Transact	ion	Derivative		and Expirati	on Date	Underlying	Securities	Derivative	Derivative	Ownership	of Indirect
Securit	or Exercise	(Month/Day/Year)	any	Code		Securities		(Month/Day	/Year)	(Instr. 3 and	4)	Security	Securities	Form of	Beneficial
(Instr. 3	Price of		(Month/Day/Year)	(Instr. 8))	Acquired (A) or					(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Disposed of	(D)						Owned	Security:	(Instr. 4)
	Security					(Instr. 3, 4, a	ınd						0	Direct (D)	
						5)							1	or Indirect	
								Date	Expiration		Amount or		Transaction(s) (Instr. 4)	(I) (Instr. 4)	
								Exercisable	Expiration Date		Number of		(IIIsu. 4)	(11150.4)	
				Code	V	(A)	(D)	Excretisable	Dute		Shares				
Phant Stock		07/01/2022		А		644.2322		<u>(3)</u>	<u>(3)</u>	Common Stock	644.2322	\$ 32.985 (4)	1,160.0089	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Goldsmith Ashley 400 N. ELM STREET GREENSBORO, NC 27401	Х						

Signatures

/s/ Thomas L. Doerr, Jr. for Ashley Goldsmith (Pursuant to Signing Authority on File)

**Signature of Reporting Person

07/05/2022
Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents phantom stock units ("PSUs") accrued under the Kontoor Brands Deferred Savings Plan For Non-Employee Directors Plan ("Plan"), to be settled 100% in cash upon the (1) reporting person's retirement. The number of PSUs acquired equals the amount of Directors' fees deferred by the reporting person divided by the fair market value (average of the high and low selling prices) per share on the date of deferral. The number of PSUs beneficially owned may vary over time due to deemed reinvestment of dividends.
- (2) 1 for 1.
- (3) There is no date that should appear in these columns. These columns are not applicable to this particular filing.
- (4) Each PSU was acquired at the election of the Director by deferring \$32.985 of fees per PSU.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.