

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person * <u>Waldeck Christopher</u> (Last) (First) (Middle) 400 N. ELM STREET (Street) GREENSBORO NC 27401 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Kontoor Brands, Inc. [KTB]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title below) Other (specify below) EVP, Co-COO, GB President-Lee
	3. Date of Earliest Transaction (Month/Day/Year) 03/16/2023	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	03/16/2023		M		20,442	A	\$25.0046	106,883.124 ⁽¹⁾	D	
Common Stock	03/16/2023		S		14,631	D	\$51.0311 ⁽²⁾	92,252.124 ⁽¹⁾	D	
Common Stock	03/16/2023		M		21,053	A	\$30.8383	113,305.124 ⁽¹⁾	D	
Common Stock	03/16/2023		S		21,053	D	\$50.9532 ⁽³⁾	92,252.124 ⁽¹⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					
Stock Option (Right to Buy)	\$25.0046	03/16/2023		M		20,442	(4)	07/25/2027	Common Stock	20,442	\$0	0	D	
Stock Option (Right to Buy)	\$30.8383	03/16/2023		M		21,053	(5)	02/20/2028	Common Stock	21,053	\$0	0	D	

Explanation of Responses:

- Common stock includes restricted stock units.
- The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.00 to \$51.18. The reporting person undertakes to provide to Kontoor Brands, Inc., any security holder of Kontoor Brands, Inc., or staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$50.86 to \$51.06. The reporting person undertakes to provide to Kontoor Brands, Inc., any security holder of Kontoor Brands, Inc., or staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- This option vested as follows: 6,815 shares vested on 7/26/2018; 6,813 shares vested on 7/26/2019; and 6,814 shares vested on 7/26/2020.
- This option vested as follows: 7,019 shares vested on 2/21/2019; 7,017 shares vested on 2/21/2020; and 7,017 shares vested on 2/21/2021.

/s/ Thomas L. Doerr, Jr. for Christopher Waldeck (Pursuant to 03/17/2023 Signing Authority on File)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.