FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| OMB Number:              | 3235-0287 |
|--------------------------|-----------|
| Estimated average burden |           |
|                          | 0.5       |

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the

|                                       | conditions of Rule |                                                                                                                                                                  |                                                                        |          |                                                       |                     |  |
|---------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|----------|-------------------------------------------------------|---------------------|--|
| 1. Name and Address<br>Baxter Scott H |                    |                                                                                                                                                                  | 2. Issuer Name and Ticker or Trading Symbol Kontoor Brands, Inc. [KTB] |          | tionship of Reporting Perso<br>all applicable)        | on(s) to Issuer     |  |
| Daxiel Scott II                       | •                  |                                                                                                                                                                  |                                                                        | X        | Director                                              | 10% Owner           |  |
|                                       | <b>1</b>           |                                                                                                                                                                  |                                                                        | X        | Officer (give title                                   | Other (specify      |  |
| (Last)<br>400 N. ELM STR              | (First)<br>EET     | (Middle)                                                                                                                                                         | 3. Date of Earliest Transaction (Month/Day/Year) 03/01/2024            |          | Chair, Presiden                                       | below)<br>t and CEO |  |
| (Street)<br>GREENSBORO                | NC                 | 27401                                                                                                                                                            | 4. If Amendment, Date of Original Filed (Month/Day/Year)               | 6. Indiv | idual or Joint/Group Filing<br>Form filed by One Repo |                     |  |
| (City)                                | (State)            | (Middle)  Solution Brands, Inc. [KTB]  3. Date of Earliest Transaction (Month/Day/Y 03/01/2024  4. If Amendment, Date of Original Filed (Month/Day/Y 03/01/2024) |                                                                        |          | Form filed by More than One Reporting Person          |                     |  |

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) |   |             | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | Beneficial<br>Ownership |
|---------------------------------|--------------------------------------------|-------------------------------------------------------------|-----------------------------------------|---|-------------------------------------------------------------------|---|-------------|------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------|
|                                 |                                            |                                                             | Code                                    | v | Amount (A) or (D)                                                 |   | Price       | Transaction(s)<br>(Instr. 3 and 4)                                     |                                                                   | (Instr. 4)              |
| Common Stock <sup>(1)</sup>     | 03/01/2024                                 |                                                             | М                                       |   | 114,966                                                           | Α | \$31.065    | 406,140.903                                                            | D                                                                 |                         |
| Common Stock                    | 03/01/2024                                 |                                                             | S                                       |   | 114,966                                                           | D | \$59.094(2) | 291,174.903                                                            | D                                                                 |                         |
| Common Stock                    |                                            |                                                             |                                         |   |                                                                   |   |             | 1,165                                                                  | I                                                                 | 2021<br>GRAT            |
| Common Stock                    |                                            |                                                             |                                         |   |                                                                   |   |             | 3,750                                                                  | I                                                                 | 2021<br>GRAT #2         |
| Common Stock                    |                                            |                                                             |                                         |   |                                                                   |   |             | 3,376                                                                  | I                                                                 | 2021<br>GRAT #3         |
| Common Stock                    |                                            |                                                             |                                         |   |                                                                   |   |             | 43,271                                                                 | I                                                                 | 2022<br>GRAT #1         |
| Common Stock                    |                                            |                                                             |                                         |   |                                                                   |   |             | 380                                                                    | I                                                                 | By Son                  |
| Common Stock                    |                                            |                                                             |                                         |   |                                                                   |   |             | 107,127.214                                                            | I                                                                 | by Trust                |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transac<br>Code (li<br>8) |   | Derivative |         | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security (Instr. 3<br>and 4) |                                  | Derivative | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------|-------------------------------------------------------------|---------------------------------|---|------------|---------|----------------------------------------------------------------|--------------------|--------------------------------------------------------------------------------------------|----------------------------------|------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------------|
|                                                  |                                                                       |                                            |                                                             | Code                            | v | (A)        | (D)     | Date<br>Exercisable                                            | Expiration<br>Date | Title                                                                                      | Amount or<br>Number of<br>Shares |            | Transaction(s)<br>(Instr. 4)                                                               |                                                                          |                                                                    |
| Stock Option<br>(Right to Buy)                   | \$31.065                                                              | 03/01/2024                                 |                                                             | M                               |   |            | 114,966 | (3)                                                            | 02/17/2025         | Common<br>Stock                                                                            | 114,966                          | \$0        | 0                                                                                          | D                                                                        |                                                                    |

# Explanation of Responses:

- 1. Common stock includes restricted stock units.
- 2. The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.95 to \$59.69. The reporting person undertakes to provide to Kontoor Brands, Inc., any security holder of Kontoor Brands, Inc., or staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. This option vested as follows: 38,323 shares vested on 2/18/2016; 38,321 shares vested on 2/18/2017; and 38,322 shares vested on 2/18/2018.

/s/ Thomas L. Doerr, Jr. for Scott

H. Baxter (Pursuant to Signing

Authority on File)

03/04/2024

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.